

MLHS Physical Education and Athletic Department Fact Sheet

Athletic Department ~ Direct Phone line ~ 1-269-429-5632 x 216 ~ web site: www.michiganlutheran.org

Athletic Director Cell Phone: 269-325-4028

FIRST FALL SPORTS PRACTICES BEGIN THE WEEK OF AUGUST 7th. (DAILY PRACTICES)

"In the field of athletics the boys compete in power lifting, soccer, football, basketball and baseball. Presently the Titan girls have power lifting, basketball, cheer, volleyball, golf, softball and soccer teams. Our entire athletic program is operated under the rules and regulations of the school coaching staff as approved by the MLHS Principal and the MLHS Board of Regents in conformity with the rules of the Michigan High School Athletic Association." MLHS Student Handbook

- **Boys Soccer** Head Coach: Paul Jackemeyer (269-605-9894)
DAILY PRACTICES begin Monday, August 7th 4:30 - 6:00 pm
- **Boys Football** Head Coach: Pete Murphy (269-425-2926)
Assist. Coach: Ryan Heston (269-277-2270)
DAILY PRACTICES begin Monday August 7th 4:00-9:00 pm @ Laker Field
- **Girls' Volleyball** Head Coach: Terri Elder (734-748-3017)
TRYOUTS / PRACTICES begin Mon. August 7th JV/V 6:00-8:00 pm
- **Girls' Golf** Head Coach: Doug Williams (269-849-6879)
Practice begins Mon. August 7th 6 -7:30 pm @ Blossom Trails, Benton Harbor, MI
- **STP Form**

The STP (Sports Tryout Permission) form must be completed, signed by the athletic director and delivered by the player to the coach before any team participation, starting with the first practice. Forms and directions can be found on the ML Athletic web page or in the Athletic office at ML.

SCHOOL PHYSICAL INFORMATION: 2023-24

Physicals are required for

- All first time students
- Students participating in sports
- cheer
- power lifting
- taking a physical education class (recommended)
- **MUST HAVE A CURRENT PHYSICAL (dated AFTER APRIL 15, 2023) ON FILE IN THE ATHLETIC OFFICE**



First time students not intending to play a sport must have their cards on file on the first day of classes.

Please note the following from the MLHS Athletic Department TRAINING RULES

- **STP paperwork is required before practice begins.**
Please check the ML Athletic web page. Contact the Athletic office with questions.
- ***Athletes may participate in two MLHS sports in the same season with approved paperwork. It is to be understood that at all times the ML practices, games and training code will take priority over non-school sports. Parents and athletes are cautioned to consider the commitment of time and energy necessary to satisfactorily compete at a high level on two teams at the same time.***

ALL SPORT FAMILY PASSES will be available in the fall. Passes are intended to admit the immediate family (one household, generally two adults and children still "at home".) This pass includes all regular season home games, except for football. Please do not ask that ticket takers admit married children, boyfriends or girlfriends on your pass. Thank you for your cooperation. This helps keep the cost reasonable for our families.

ATHLETIC WEB SITE:

Information concerning our athletic teams, calendar, required forms etc. are available at michiganlutheran.org/activities/athletics

